4 Days and 3 Nights



at charming B&B, and 2 excursion included (valid from Tuesday to Friday)



3 nights at **Villa Anita** charming B&B in Fondi, just 10 km from the city of Sperlonga.





2 tours last about two hours and a half: Trekking the Ancient Flacca and Trekking wasps.

Low Season package price 306€

- instead of 340€ (10% discount) -

High Season package price 360€ - instead of 360€ (10% discount) -

Rate for 2 people, prepaid and non-refundable. Period of high season: July and August

The price includes

Accommodation in double room with bed and breakfast, coffee, mineral water, parking.

Trekking wasps

The path that starts from a few hundred meters from the historic center of Sperlonga and crosses the valley of Wasps, (known for its constant presence in every season of this bug!) to head to the summit of Mount S.Magno! From the-abbeveratoio-(the tank where the animals are drinking)(locality: Fontana Area Chamber) at an altitude of 210 meters, located in the place where you can leave the means of approach begins the trek that starts behind the mountain to its top (part 489) is headed the way.

Even here the Mediterranean prevails with its huge bushes of heather and rosemary whose smells are irresistible, even to the wasps which are still unaware as they were intoxicated, the passage of those who venture into these places with ease, their perennial hum. The walk was never too busy with weak slope up to a flat area from where the last climb, where the vegetation changes dramatically, now more arid, barren and low. In this step consists of jagged rocks eroded by time and is easy to imagine the ancient geological past of these places in remote ages were crammed with intense tectonic movements. It was then zig-zagging to avoid the effort to find themselves suddenly surprised to appear on the top view of the vast and immense! The Pontine Islands, the Circeo, the plain of Fondi, lakes and the mountains behind us and the mountains that overlook Aurunci Itri dot the views of those who choose this path.

The descent, better and faster, back to the starting point of retracing the same steps.

Difficulty: easy | Duration: 2½ hours | Vertical drop: 280 meters

Trekking the Ancient Flacca

The path runs along several sections of the trail that linked up to 1930 Sperlonga to Gaeta! We start from the plain of S. Augustine and return to the sea in Sperlonga by passing the galleries of the new artificial Flacca inaugurated in the year about 60'.

During the tour you can see in some places the remains of the ancient road built about two thousand years ago by Tiziano Flacco! The large stones arranged at times balanced on steps overlooking the sea give an idea of the ancient architectural genius.

The road, never tiring and exhausting, with the sea always present to its visitors, offers a panoramic view

of its kind and the chance to swim in a few minutes in the Mediterranean in some sections intact and wild. The path, where the only danger is to cross the road every time you finish the section of the trail outside the gallery, is always flat. You get the last part of the Ancient Flacca along the beach back Bazzano where you can see the remains of a not yet reassessed the Villa of Tiberius! Once round the last headland has the opportunity to observe from the up the garden of the Villa di Tiberio is where, instead, from about 1960 built a museum for the preservation of the sculptures found in those years.

Here ends the walk, but of course the advice is to enter the museum and then headed off the beach in Sperlonga.

Difficulty: easy with some exposed | Duration: 2 hours

Clothing required: hiking shoes, long trousers.

Departure time: Spring/autumn at 8 am and 4 pm. Summer at 7 am and 6 pm.

Departure from: close to the place of beginning trekking, private transfers on request. The departure time and place will be reconfirmed upon confirmation of booking.

Trekking based on minimum of 5 people, to be confirmed. If you choose another excursion instead you will be refunded or you will pay the difference.

Fondi

Said to be "founded by Hercules" and made infamous as the "city of the devil", being the location for the religious council, sponsored by the Count of Fondi; Onorato I Caetani in 1378 which resulted in the Great Schism of the West. Fondi is an ancient city and to look for its sources you need to investigate the myths.



For reservations and information write to **info@voyagealacarte.it** or please call **06 94377782** | Mon / Fri 09.30/13.00 - 14.30/18.30

Voyage à la Carte